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*Saint Mark's Church  
Sunday School*

## **My Belief: The CREED (1) 9/CH/5**

### **1. General Aims of the unit**

To understand fully the Dogma and beliefs of the Church, participate with understanding in the Liturgical life of the Church and appreciate the role and richness of our church in education.

### **2. Special aims of the lesson**

1. To review the history of the creed , and the efforts of Popes of Alexandria to define the true faith and dogma in the first two ecumenical councils –Nicea and Constantinople
2. Understand the Holy Trinity and the relation between the three Hypostasis.
3. To explore the main parts of the creed and wordings of the creed (the 1<sup>st</sup> part- the attributes of the Father) and relate this to biblical verses and highlight the role of the Father in our salvation.
4. Understand the importance of using the creed in our Liturgies , prayers.
5. To live this faith and translate it into behaviour and values.

### **3.Outcomes**

By the end of this session, the teens are able to;

1. Recite fully the creed, explain in depth the meanings of the first part.
2. Debate the Monotheism and Trinitarianism of God and list of the attributes of the Father and His role in our salvation.
3. Write a brief about the contribution of each of the first two councils to keep our Orthodox faith and establishing the creed .
4. Practice and love the reciting of the creed in his/ her prayers(Psalm prayer , and during the Liturgy) , as a sign of following the right faith

### **4. Verses:**

1 Pe. 3:15 ;Matt. 28:19 ;Gal.3:20 ; Eph.1:3-4 ; 1 John 5:7

### **5. References:**

SUS program Yr. 8 , Month December - lessons 1,2,3